



# IAGG NEWSLETTER

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# IAGG HEADQUARTERS

## IAGG ASIA/OCEANIA REGIONAL CONGRESS, CHIANG MAI, THAILAND, OCTOBER 19-22, 2015

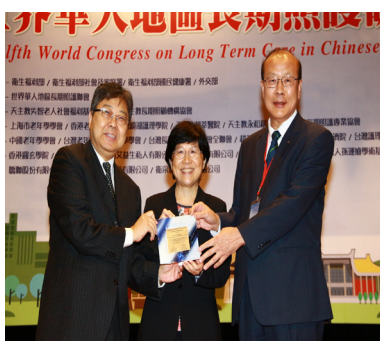


The 10th IAGG Asia/Oceania Regional Congress was held in Chiang Mai, Thailand at the International Convention and Exhibition Center from October 19-22, 2015, under the theme of Healthy Ageing Beyond Frontiers.

The regional congress, which is held every four years, was an opportunity for many well-known gerontologists, geriatrics scholars, policy decision-makers, professional activists, related companies and researchers to get together and share recent discoveries and study results.

Prof. Heung Bong CHA, IAGG President and Prof. Sung Jae CHOI, IAGG Secretary-General and Prof. Dong Ho LEE, IAGG Treasurer attended the congress where Prof. CHA delivered an opening speech and Prof. CHOI gave a presentation on “Active Ageing in Korea” as invited speaker.

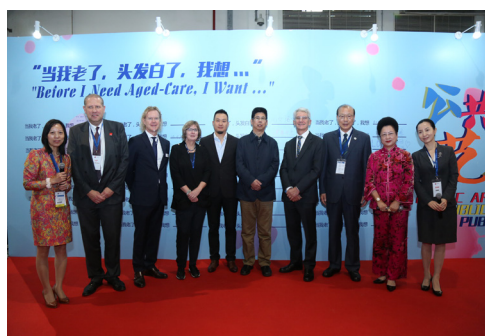
## 12TH WORLD CONGRESS ON LONG TERM CARE IN CHINESE COMMUNITIES



## IAGG HEADQUARTERS

In view of the rapid trend in population aging and exigency of long-term care services development, the World Congress on Long Term Care in Chinese Communities has been held since 2002 in cities including Hong Kong (2002, 2011), Taipei (2004, 2009), Shanghai (2005, 2010), Macau (2006, 2013), Beijing (2007), Hangzhou (2012), and Ningpo (2014), successfully establishing a platform for in-depth multidisciplinary discussion and communication. The Twelfth World Congress on Long Term Care in Chinese Communities was held in Taiwan on the 30th November to 2nd December, 2015. The congress was organized by 1) The Catholic Foundation of Alzheimer's Disease and Related Dementia and 2) Taiwan Catholic Long Term Care Institution Association with the theme "Holistic Health Care in Community." About five hundred delegates from Taiwan, China, Hong Kong, Macau, Japan and Canada were audience to fifty speeches and two hundred posters. The speakers included Taiwan's government authorities, professionals in Chinese communities, and special guests from Holland, Japan and South Korea. Among the many wonderful speeches, IAGG President Prof. CHA attended as keynote speaker and delivered the opening and keynote speech titled "Towards an East Asian Model of Long-Term Care for Older Persons".

### AGEING POPULATION AND ADVANCED AGED-CARE PRACTICE IN SHANGHAI, CHINA: NOVEMBER 17-18, 2015



At the 2015 Care Expo, China's largest multinational ageing care communications and trading platform, the Care Expo China 2015 IAGG Symposium was held where IAGG President Prof. Heung Bong CHA attended and delivered an opening speech. Care EXPO offered a strong and distinctive voice for customers as it strived to expand the world of possibilities for the China aging-care industry

### NEW EXECUTIVE MEMBER

Prof. Kenneth Madden was elected IAGG North American Region Chair. IAGG extends our cordial congratulation and looks forward to collaborating with this new executive member.



Dr. Ken Madden is an associate professor of geriatric medicine at the University of British Columbia and the editor-in-chief of the Canadian Geriatrics Journal. His lab has examined the effect of exercise interventions in older adults with Type 2 diabetes, the ability of different forms of exercise to impact arterial stiffness in subjects at high cardiometabolic risk, and the impact of sedentary behaviours on cardiometabolic risk factors. He has also examined the impact of age and diabetes on postprandial cardiovascular responses and orthostatic intolerance. He is division head of Geriatric Medicine at Vancouver General Hospital, and holds peer-reviewed grants from the Canadian Institutes of Health Research, the Heart and Stroke Foundation of Canada, and the Canadian Diabetes Association

# IAGG REGIONAL NEWS

## ASIA/OCEANIA REGION

### REGIONAL CONGRESS UPDATE

The IAGG Asia Oceania Congress, held in Chiang Mai Thailand in October 2015, was a great success. It brought together 1,113 delegates from 47 countries, had 48 invited speakers for plenaries and invited symposia. Site visits were also popular and included:

#### **McKean Rehabilitation Center**

A modern purpose built senior care facility. The community center includes dining room, activities room/library, lounge areas, hair-dressing, petanque court and kiosk.

#### **Saraphee Baworn Pattana**

Provide, maintain, protect and promote the rehabilitation covering all four aspects of physical therapy. Therapy for in-patients with severe diseases of the musculoskeletal system, orthopedic diseases, neurological disease and stroke, respiratory and chest diseases.

#### **Thammapakorn Social Welfare Development Center for Older Persons at Chiang Mai**

An organization that helps housing elderly people in the Upper Northern region at no cost.

#### **Vivo bene Village**

Vivo bene Village is a Swiss-run property for people who need special health care especially suffering from dementia, their partners and family members.

#### **Wat HuayKiang**

Wat huay Kiang or Huay Kiang temple is a rehabilitation center that uses both modern technology together with local wisdom and treatments.

Additional highlights included the opening ceremony, and the social program which included a number of experiences of Thailand's wonderful culture and cuisine.

At the conclusion of the congress, a presentation was made to Professor Hal Kendig from Australia, who is stepping down from his role as Regional Scientific Sub-Committee Chair for the Social Research and Planning stream. Professor Kendig has made enormous contributions at the Regional, and also at the broader international level to further advance the field and outcomes in gerontology.

Special thanks to the Organising Committee for their dedication and hard work over the past several years to ensure the success of this congress. In particular, thanks to Chair of the Organising Committee - Professor Sutthichai Jitapunkul, Secretary of the Organising Committee - Associate Professor Siriphan Sasat, Chair of the Scientific Committee - Professor Prasert Assantachai, and Ms Warapa Saipow and Kenes, the PCO.



## IAGG REGIONAL NEWS

### **GARY ANDREWS ACADEMY WORKSHOP: IMPLEMENTING BEST PRACTICE IN FALLS PREVENTION FOR OLDER PEOPLE: INTERDISCIPLINARY PERSPECTIVES.**

The first Gary Andrews Academy Workshop was held as a pre-regional conference workshop. The Academy aims to support development throughout the region of geriatrics and gerontology through education, and focuses on broader reach than previously run Master Classes that have focussed on medical training. A very experienced and diverse teaching academy covered a range of topics focussing on preventing falls for older people:

- Professor Keith Hill (Australia) (Program coordinator) – Physiotherapy
- Dr Maw Pin Tan (Malaysia) – Geriatrician
- Kenneth Fong (Hong Kong) – Occupational Therapy
- Dr Rajna Ogrin (Australia) – Podiatrist
- Assistant Professor Justina Liu (Hong Kong) - Nursing
- Ms Claudia Meyer (Australia) – Physiotherapy – fall prevention and dementia
- Professor Shanthi Johnson (Canada) – Dietitian
- Dr Plaiwan Suttanon (Thammasat University, Thailand) – Physiotherapy
- Dr Pannida Wattanapanom (Bangkok Hospital Falls Clinic, Thailand) – Geriatrician.

Participants from eight countries attended and shared with the academy and their own experiences.

### **NEXT GARY ANDREWS ACADEMY WORKSHOP AND SEMINAR: SOCIAL POLICY FOR THE AGED**

The 2nd Gary Andrews Academy Workshop will be conducted in Hong Kong in February 2016.

Title of workshop: Gary Andrews Academy Workshop on Social Policy for the Aged

Dates: 25-27 February 2016 (2 day workshop, 1 day seminar)

Faculty (speakers): include Professor Nelson Chow, Professor Julie Byles, Professor Du Peng, Professor Alfred Chan, Dr Edward Leung, and

Workshop topics: include Pension and Social Security, International and National Policy, Demography, Healthy Ageing, Long Term Care, and Community Care.

Target Audience: Government Officials, Academics in Aged Care, Senior Professionals in Social and Health Care.

Seminar topics include: Challenges of Population Ageing in Asia/Oceania Region, Developments of Ageing Policy and Programs in Australia, Health Care Reform in Population Ageing, Impacts of Demographic Changes on Employment, Retirement and Care Delivery, Innovations in Elderly Care, Information Technology and Application in Aged Care, Quality in Aged Care.

Workshop Registration Fee: US 250 per person

Seminar Registration Fee: US\$ 50 per person

For further information, please contact Dr Edward Leung: [emfleung@ha.org.hk](mailto:emfleung@ha.org.hk)

### **NEXT ASIA OCEANIA REGIONAL CONGRESS**

At the Asia Oceania Regional Council meeting held prior to the regional congress in Chiang Mai, the Council decided the host of the next regional congress – which will be held in Taipei, Taiwan. Congratulations to the congress bid team from Taiwan

## IAGG REGIONAL NEWS

### EUROPEAN REGION

#### IAGG-ER CONGRESS

The IAGG World Congress in San Francisco will take place in 2017. During this congress, **the host for the World Congress in 2025 will be voted upon**. We are proud to inform IAGG that three European countries are preparing a bid for the IAGG World Congress 2025: Spain, the Netherlands, and Italy. We wish all societies involved in the bid all the best and look forward to an IAGG World Congress in Europe!

#### PLANNED ACTIVITIES OF IAGG-ER

The 23rd Nordic Congress of Gerontology (23 NKG) takes place on 19–22 June 2016 in Tampere, Finland. The Nordic congresses traditionally emphasise multidisciplinary perspectives on ageing and the life course. 23 NKG is a meeting place for all researchers and professionals, whether they are in social sciences, health research, medicine, nursing, biology, humanities, services research or any other field of scientific enquiry. The main track of the congress will include scientific sessions on all aspects of ageing. A special aim of 23 NKG is to create sessions at which experts from different core disciplines can meet and learn from each other. [Websites: http://23nkg.fi/](http://23nkg.fi/)

### SOUTH AMERICA AND CARIBBEAN (COMLAT) REGION

#### CONGRESS SCHEDULE

Year	Month/Date	Event
2016	May 19-21	XII Congress Colombia of the Colombia Gerontology, Bogota, Columbia
	June 8-11	The 20th Brazilian Congress of Geriatrics and Gerontology in Fortaleza, Brazil
	September	SAGG-September 2016 Buenos Aires Congress of the Argentine Society of Gerontology and Geriatrics: II Meeting of the First Latin American Consensus on Diabetes in the Elderly
	November	SUGG – November 2016 Montevideo Congress Society of Gerontology and Geriatrics Uruguay
	November 4-8	ALAD XVII Latin American Congress on Diabetes – Colombian Congress on Diabetes, Bogotá Hotel Crowne Plaza – Tequendama

#### PLANNED ACTIVITIES OF COMLAT IAGG

We are to hold international symposium COMLAT-IAGG, attend the IAGG executive committee meeting and assemble the meeting with COMLAT societies.

### NORTH AMERICAN REGION

The Global Social Initiative on Ageing (GSIA) ran its first Master Class at the IAGG European Region conference in Dublin in April 2015, convened by Prof. Sue Yeandle (UK) and delivered with support from four additional mentors: GSIA Director Prof. Norah Keating (Canada), Prof. Janet Fast (Canada), Prof. Kate O'Loughlin (Australia) and Prof. Judith Phillips (UK). Janet Fast will be chairing the next master class at the IAGG World Congress in 2017

## IAGG SUB ORGANIZATIONS

### IAGG-GARN (GLOBAL AGEING RESEARCH NETWORK)

#### VIDEO FILM ON “FRAILITY PREVENTION”

This short 40-second film was realized in collaboration with the IAGG GARN Network, to promote the autonomy of older people. It was funded by the CNSA (Caisse Nationale de Solidarité pour l'Autonomie), a French state organization and is available in eleven versions:

English [https://www.youtube.com/watch?v=T9-JPN\\_jY9I](https://www.youtube.com/watch?v=T9-JPN_jY9I)  
 French <https://www.youtube.com/watch?v=YsmkRIooCz0>  
 Italian <https://www.youtube.com/watch?v=aFImlnydU80>  
 Spanish <https://www.youtube.com/watch?v=NcBG7Lefa1A>  
 Portuguese <https://www.youtube.com/watch?v=0oxn9IKRwmA>  
 German <https://www.youtube.com/watch?v=5wYa6NlceKM>  
 Korean <https://www.youtube.com/watch?v=7kbfVDrZrxI>  
 Chinese1 <http://v.qq.com/page/e/b/h/e0175o8bmbh.html>  
 Chinese 2 <https://www.youtube.com/watch?v=zyydMw9uim8>  
 Japanese [https://www.youtube.com/watch?v=Z2\\_UGmg3ZGk](https://www.youtube.com/watch?v=Z2_UGmg3ZGk)  
 Persian <https://www.youtube.com/watch?v=A3euyAg4zIw>

The film can be disseminated via any type of screen: social networks, websites, local TV, or during events dedicated to older people. We also invite you to target networks, colleagues, local authorities and all those who work to prevent dependency of older people. So, do not hesitate to distribute the film around you.

#### THE WHO 2015 WORLD REPORT ON AGEING AND HEALTH

This report was released by the WHO on September 30, 2015, for the International Day of Older Persons (1st October). The report looks at what the latest evidence has to say about the ageing process and aims to move the debate about the most appropriate public health response to population ageing. A WHO/IAGG/IAGG GARN collaboration was set up on this occasion and many IAGG officers took part (see acknowledgment section pages ix-xii). More specifically, the authors mentioned on page xii in the Frailty background paper are members of the WHO/IAGG Frailty Expert Group who met in Geneva in October 2014 to prepare the draft of the publication. We take this opportunity to thank them for their commitment and contribution. The 260-page report can be downloaded from [http://apps.who.int/iris/bitstream/10665/186463/1/9789240694811\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/186463/1/9789240694811_eng.pdf?ua=1)

#### A WORKSHOP ON “PREVENTION IN RESIDENTIAL AND NURSING HOMES: A NEW MISSION FOR THE FUTURE”

With the support of the Office for Science and Technology of the Embassy of France in the United States, the workshop was organized by the IAGG GARN Network and took place on December 2nd, 2015 in Toulouse, France. 35 key opinion leaders from academia, industry, and governmental agencies from Europe and USA debated on the role of residential and nursing homes in the development of preventive geriatrics, in order to maintain function with aging: visual, hearing, weight maintenance, cognition, wellbeing, and mobility. The ultimate objective is to prevent functional decline with age, and to link older adults with their community. A final perspective paper will be submitted for publication.

#### TASKFORCE ON “PHYSICAL EXERCISE IN NURSING HOME SETTINGS: LOOKING FOR RECOMMENDATIONS”

Organized under the auspices of the IAGG GARN Network and IAGG-ER Clinical Section, this meeting took place on December 1st, 2015, in Toulouse, France. Several studies have proven the importance of exercise training for the health of residents in long-term care facilities. However, the best exercise regimen in terms of feasibility, safety, and effectiveness has not yet been established. The main purpose of this Taskforce was to gather the experience and viewpoints of worldwide leaders in the field of exercise for residents living in long-term care facilities in order to define clear exercise guidelines for this often vulnerable population of the oldest old. The meeting got together

## IAGG SUB-ORGANIZATIONS

18 participants who worked on a draft of the consensus paper that will be submitted to a journal.

### IAGG GARN NETWORK DEVELOPMENT

Established by IAGG in 2011, the Global Aging Research Network (GARN) aims to foster research in age-related issues and promote healthy ageing to further improve the health of older populations around the world. See the website (<http://www.garn-network.org>) for updated information on Network activities and actions. Today, the Network reports a total of 592 centers. Candidates who wish to apply can fill out the online questionnaire at <http://www.celsius-exhibition.com/iagg>. Once the form is completed, the application file will be submitted to the Scientific Committee for the selection process

### IAGG-CSO (COUNCIL ON STUDENT ORGANIZATIONS)

President: Claudia Meyer, MPH (PhD Candidate-La Trobe University, Australia)

Vice President: Shannon L. Freeman, PhD (University of Northern British Columbia, Canada)

Secretary-Treasurer: Katherine S. Hall, PhD (Veterans Affairs/Duke University Medical Centers, USA)

A Review of IAGG Asia-Oceania Regional Congress (October, 2015) IAGG-CSO Events

The IAGG-CSO, with funding support from the IAGG Korea Secretariat, hosted several innovative sessions designed to provide professional development content and networking opportunities for students and trainees. These sessions were well attended and have served as an important foundation for future programming at Regional Congress meetings.

The first event was a student symposium (invited by the Conference Organizing Committee) titled, "Establishing Collaborative Research Networks for Emerging Scholars: Perspectives from the IAGG Council of Student Organizations and representatives from the Asia Oceania Region." Almost 50 people attended the event. The symposium finished with a panel discussion: Practical Considerations for Identifying Regional and International Collaborators: The Future of IAGG-CSO, which focused on the following areas: social media capacity, options for sharing resources, development of online educational resources, creation of mentorship opportunities, and international exchanges/internships.



The second event, 'Lunch with the Stars,' was a mentoring opportunity for students and early career researchers. Almost 70 people joined our seven 'Stars' in an unprecedented opportunity to focus on the important area of 'preparing your elevator pitch.' The 'Stars' were asked to share 2-3 tips designed to help students and early career scholars to hone their skills at making a lasting impression when speaking with people more advanced in their field. The students were asked to prepare their elevator pitch prior to the session, and 'try it out' on the stars. It was an opportunity to hear about the work that the students are doing, and to provide feedback on how they can improve their communication about their work.



## IAGG SUB-ORGANIZATIONS

The IAGG-CSO awarded five travel bursaries, four bursaries to students attending the Congress (with two of them specifically allocated to students from low income countries) and one bursary to support a student symposium speaker.

### **Upcoming Events:**

Preparations are underway for an expanded student/early career program for the 2017 IAGG World Congress in San Francisco. In the meantime, the IAGG-CSO is working to support gerontological organizations to either maintain their Student Sections or to develop new ones. If you are involved with an established Student Section and are interested in helping others in your region set up new Student Sections in their gerontology organizations, please contact us to become a Regional Student Representative ([iaggcso@gmail.com](mailto:iaggcso@gmail.com)).

### **IAGG-CSO EXCEPTIONAL STUDENT AND EARLY CAREER MEMBER SPOTLIGHT: INTERVIEW WITH DR. KATHERINE JAMES**



**Dr. Masoumeh Sadeghipour Roudsari**  
 Degree(s): MD, MPH  
 Title: PhD Candidate  
 Department/Division: Gerontology Department  
 Institution: University of Social Welfare and Rehabilitation Sciences  
 Institution Location: Tehran, Iran

#### **1. How did you get interested in the field of aging?**

The field of aging is relatively new in my country. About 9 years ago, when I started to work as a general physician in a health care centre, I just got involved in a pilot study about screening of geriatric diseases in older people by chance. Working with older people was great and I got interested in the field so I studied for a Master of Geriatric Health and then PhD of Gerontology.

#### **2. What are your key responsibilities at your job and/or school?**

I am a PhD Candidate of gerontology and working on my thesis.

#### **3. Tell us a little about your most recent activities/accomplishments?**

I am working on geriatric depression and its associated psychosocial factors in older Iranian adults using a qualitative content analysis method and also on collecting data for a book about geriatric syndromes in Persian.

#### **4. How long/why did you become a member of IAGG and why is it important for other students to join/ attend IAGG?**

I have been a member of IAGG since 2013. I think as we are new in aging sciences, international organizations are great opportunities for students to get familiar with the stars of this area and attract their attention and help for international collaborations. Using their experiences will help us to progress.

## IAGG SUB-ORGANIZATIONS

### IAGG-GSIA (GLOBAL SOCIAL INITIATIVE ON AGEING)

#### GSIA events (October and November 2015)

In October 2015, The World Health Organization released its World Report on Ageing and Health. GSIA director Norah Keating was involved in developing the conceptual framework for the report. The full report is available from:

<http://www.who.int/ageing/publications/world-report-2015/en/>

In November 2015, GSIA Director Norah Keating attended the **Salzburg Global Forum on Advancing Innovation and Equity in Aging Societies**. The Salzburg Global Seminar has commenced a multi-year program to catalyze a holistic approach to aging societies. The main themes in this program are: Economics of aging and sustainable welfare systems.

-Workforce, innovation and technology.

-Society and Families.

The report on the Forum can be found at <http://www.salzburgglobal.org/topics/article/advancing-innovation-and-equity-in-aging-societies.html>.

In November 2015 GSIA director Norah Keating chaired an international presidential symposium at **The Gerontological Society of America conference in Orlando Florida**.



At photo: Dr. Jack Rowe, Columbia University, Prof. Norah Keating, Dr. John Beard, World Health Organization, and Dr. Bilkish Cassim, University of KwaZulu-Natal

The topic of the symposium was International Perspectives on Aging-well/Successful Aging. Objectives of the symposium were to

- understand differing world views on aging well
- understand the arguments about aging well in developing countries
- decide whether current theorizing about aging well needs further consideration to make it applicable across the diversity of older people and places

Speakers at the symposium were Dr. Jack Rowe, Columbia University; Dr. John Beard, World Health Organization; and Dr. Bilkish Cassim., University of KwaZulu-Natal

## IAGG SUB-ORGANIZATIONS

### ISG (INTERNATIONAL SOCIETY FOR GERONTECHNOLOGY)

#### 10TH WORLD CONFERENCE OF GERONTECHNOLOGY, SEPTEMBER 28-30, 2016, IN NICE, FRANCE

The 10th World Conference of Gerontechnology will be held in Nice, France from September 28 -30, 2016, under the theme "Sustainable Humanity." The call for proposals opens from September 1 onward. It is the world's largest gathering of scholars, researchers, experts and practitioners in the field of Gerontechnology.

The event will provide a variety of interaction modalities: keynote speeches, symposia, chaired oral sessions, leading-edge technologies, and the GeronTechno Platform. Leading-edge technologies refer to sessions designed for interactive demonstrations of well-tested prototypes of products or services. The GeronTechno Platform features demonstrations of newly-developed products with target end-users through interactive exhibitions. In addition, an international Master Class will be held. The concept of "Master Class" is modeled on the training often used with young professional musicians. The student performs in front of one or more professional musicians in his or her field who then offer an evaluation of the performance as well as advice to the students.

At the ISG Master Class, the posters the students bring with them are the "performances" analogous to the recitals of the young professional musicians. The masters, as former aspiring musicians who performed at auditions for symphony conductors and in front of great professional musicians in their fields, definitely know how valuable these experiences can be and thus will try their best to make the students find these experiences helpful. The ISG Master Class provides a unique opportunity for young researchers at the Master, Doctoral, and Post-doctoral level who are currently conducting or planning to conduct research in related fields to interact with world-class experts in the area of Gerontechnology. An ISG Master Class takes one and a half days and consists of lectures followed by poster discussion (master-student and student-student) and a competition for the best poster. Please visit the conference website for further information: <http://www.isg2016.org/>. Coming to the 10th World Conference of Gerontechnology means: meeting with other experts in gerontechnology; gaining and sharing gerontechnology knowledge; having the possibility to start (re)new alliances for gerontechnology research; getting inspired.

The activities of Gerontechnology began in the Netherlands with the formation of the International Society for Gerontechnology (ISG) in 1993, and were further supported by the establishment of the Journal Gerontechnology in 2001. The ISG mission is to encourage and promote technological innovations in products and services that address older peoples' ambitions and needs on the basis of scientific knowledge about ageing processes including cultural and individual differences.

The ISG has an executive committee and a board including presidents of the regional chapters. Currently, the ISG has 6 regional chapters, namely; the Dutch-Flemish chapter, Francophone chapter, Japanese chapter, Sinophone chapter, North-American chapter and German-Austrian chapter, with an Iberian chapter under construction. In addition to the regional chapters, there is a student chapter, for those PhD students who want to be educated and trained in Gerontechnology. All individuals working in any field of aging and technology can become a member of the ISG and can be linked to the chapter they wish to belong to. Please visit our website for further information: <http://www.gerontechnology.org/>.

# UN ACTIVITIES

**IAGG SUBMITTED THE FOLLOWING WRITTEN STATEMENT TO THE 54TH SESSION OF UNITED NATIONS COMMISSION FOR SOCIAL DEVELOPMENT TO BE HELD ON FEBRUARY 3-12, 2016.**

## **NEW DIRECTION OF LIFE-LONG LEARNING FOR THOSE AGED 40 AND OVER**

### **1. Introduction, Objective and Purpose of the Statement**

In almost all instances, it is generally assumed that ageing causes a decrease in capacity and working ability. However, an increasing number of scientific studies have revealed that human capacity can be continuously developed through education and training, particularly from the mid-life course around the age of 40 years. Despite this evidence, those who have reached the age of 65 years are usually forced to exit the labor market because of assumed decreased capacity, and those beyond the age of 65 years are regarded as requiring social support. Unless we shift our way of thinking to look at ageing and older persons in a more positive light, sustainable social development of our ageing society will not be possible.

We, the International Association of Gerontology and Geriatrics (IAGG), with a history of 65 years since its founding, is the largest international multi-disciplinary academic association, with more than 50,000 individual researchers and educators from 82 national academic member societies in 70 countries all over the world. Many IAGG researchers have contributed to the scientific studies on ageing and capacity.

We would like to remind UN Member States of the written statement submitted by IAGG to the 52nd Session of the Commission for Social Development in 2014. In that statement, we proposed a paradigm called the "Age-Integrated Society" to help build sustainable ageing societies. The purpose of this current statement is to suggest a new way of thinking, to make our ageing society sustainable and to help achieve the UN Sustainable Development Goals.

### **2. Overview of Issues Related to the Work of IAGG**

Since the adoption of the Vienna International Plan of Action on Aging in 1982, a significant policy recommendation for an ageing society has been the need for education and training for older persons. This need is also emphasized under the subject of "life-long learning" in the UN Sustainable Development Goals.

Most life-long learning programs have disregarded the increasing evidence of the possibility to develop human capacity through systematic educational programs. In this regard, the gerontologists and geriatricians represented by IAGG may play an important role in developing educational and training programs for ageing persons.

The logic for participation of older persons in social development and in the larger society has been to apply the knowledge, skills and experiences of older persons to opportunities for paid or volunteer work. However, the knowledge, skills and experiences of older persons are often outmoded in a rapidly changing society. Without updating, their skills may no longer be effective in most occupations amid advances in knowledge and information technology.

In the interaction between individuals and organizations, those with fewer or outdated resources may be disadvantaged in occupational and volunteer activities. Such disadvantaged individuals may thereby be isolated, excluded from society, and subject to further discrimination. To increase and renew resources such as their knowledge and skills is a way to strengthen the capacity of individuals and to empower them for stronger relationships in social transactions.

What is more significant in our ever-ageing society is how to support the growing older population under a social

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welfare system, which was designed during the industrial era, in which the support ratio for the older population was relatively larger. We doubt the traditional social welfare model can sustainably support the increasing proportion of older persons aged 65 and over, which will take up to 40 percent of the total population in some societies in the year 2050.

To build sustainable ageing societies, we need to systematically educate and train ageing and older persons for their continuous engagement in paid and volunteer work with enhanced knowledge and skills. The benefits of such education and training would include job creation, engagement in employment and volunteer activities, contribution to the national economy, and reduction in welfare expenses, thus leading to a sustainable ageing society.

If we could develop effective and systematic educational and training programs for ageing and older persons, considering emerging evidence that ageing is reversible in some respects and not necessarily associated with decreased capacity, then we would no longer need to worry about the social burden of supporting an older population, which is becoming healthier and more capable than generally thought.

### 3. Mission and Accomplishments of IAGG

The mission of IAGG is to promote the highest levels of achievement in gerontological research and training worldwide. IAGG interacts on behalf of its member associations with other international, inter-governmental and national governmental organizations in the promotion of gerontological interests globally. IAGG pursues these activities with a view of promoting the highest quality of life and well-being of all people as they experience ageing at an individual and societal level.

Over the past several years, IAGG has conducted educational and training programs called Master Classes in Ageing for young professionals in the practice of geriatric medicine and gerontology. These Master Classes have taken place in the global regions of IAGG including Europe, Asia, Middle-East, and Latin America. IAGG has also built its Global Ageing Research Network (GARN) of 587 research institutes of ageing all over the world. Through these programs and networks, many individual members of IAGG have been involved in developing a variety of educational programs for ageing and older persons in their respective countries.

In light of our strong educational and research capacity, we at IAGG are in a position to develop effective educational and training programs for ageing and older persons, to equip them with renewed and updated knowledge and skills for continuous occupational and volunteer work activities.

### 4. Recommendations

We at IAGG recommend the following policies, particularly regarding educational and training programs for those aged 40 years and over:

(1) Development of systematic educational and training programs: These programs should be based on new scientific evidence on the relationship of ageing to capacity and working ability; they must be differentiated from general life-long learning programs which do not regard individual or population ageing; they need to include knowledge about health promotion in ageing; they may be conceived in categories of general cultural courses, occupational courses, and job training courses; they need to include information technology skills; they could be offered in an off-line or on-line format; and they should be offered free of charge to certain people through a voucher system, and could be provided through credits or reimbursement from employment or unemployment insurance.

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(2) Development of life planning programs: Similar to social security programs from cradle to grave, life planning programs from cradle to grave are proposed for an ageing society. Life planning programs need to consider the entire life course; begin earlier in life, at best from infancy; and need to consider major life aspects including finance, health, occupation and career, family and social relations, leisure and hobbies, volunteer or social contribution. This year 2015, the Republic of Korea enacted legislation to support life planning for old age, though it is limited to old age. If society could institutionalize life planning programs from the adolescent stage of the life course, it would be a good strategy for individual and population ageing.

(3) IAGG program development in collaboration with UN: IAGG is in a position to develop educational and training programs and life planning programs in collaboration with the United Nations and other international bodies.

### **5. Conclusion**

We at IAGG believe the ageing of society to be a great achievement and blessing for humanity. However, unless we rethink the traditional social welfare model to mitigate the social burden of an ageing population, the achievement of longevity may threaten our future. Therefore, IAGG strongly urges UN Member States to develop effective educational and training programs for persons aged 40 years and over so that we all may enjoy the blessings of longevity in an ageing society.

## NATIONAL MEMBER SOCIETIES

### BRITISH SOCIETY OF GERONTOLOGY

The British Society of Gerontology is excited to announce that we are collaborating with the online photo community Photocrowd to present an international photography contest: Ageing: The Bigger Picture. Entries are open until January 10th, 2016. This is an innovative new idea from the British Society of Gerontology and already there have been 560 photos submitted from all corners of the globe. The pictures are rated by the general public and there have been 62,576 crowd ratings to date. Interestingly, black and white photos dominate and there are recurrent motifs: ageing faces and ageing hands; benches with wistful gazing; walking sticks; when people are portrayed actually doing something (rare), they are mostly working in hard manual jobs (i.e. they are not politicians or judges) or dancing. Be creative and participate!

Through this competition we aim to stimulate photographers (amateur and professional), and wider members of the public, to think about what ageing means in the world today and how it is represented. Through a generous donation to the Society in support of the competition, there are cash prizes of more than £3,500 to be won. Prizes will be awarded by both a Judging Panel and a Crowd vote. Even if you are not entering the competition, please do participate in the crowd rating, and join in the discussion.

We are absolutely delighted to announce the expert Judging Panel for the competition, representing the media, academic and professional photography and social gerontology:

Caryn Franklin - Former Fashion Editor and Co-editor of i-D Magazine and BBC Broadcaster

Paul Bevan - Lecturer and Photographer, University of the Arts, London

Liam Bailey - Photographer and co-founder of Photocrowd

Professor Julia Twigg – Cultural Gerontologist and Senior member of the BSG

Websites: <https://www.photocrowd.com/challenges/374-ageing-bigger-picture/>  
<http://www.britishgerontology.org/>

### BELARUSIAN REPUBLICAN GERONTOLOGICAL PUBLIC ASSOCIATION

On 20th November 2015 in Vitebsk was held the annual meeting of activists of the Belarusian Republican Gerontological Public Association. This meeting was dedicated to the results of the creation of a therapeutic environment which promotes independence and dignity of elders in nursing houses. The meeting of activists of the Belarusian Republican Gerontological Public Association was supported by the Social Ministry of the Republic of Belarus



At photo: Greetings from the Social Ministry of the Republic of Belarus to activists of the Belarusian Republican Gerontological Public Association



At photo: Diplomas for active participants for the realization of project of the creation of the therapeutic environment in nursing homes in the Vitebsk region

In 2014 – 2015 in nursing homes of the Vitebsk region of the Republic of Belarus was implemented the special approach for patients of nursing homes, which were divided into 3 groups – fit, vulnerable with cognitive impairment/impairment of mobility, and frail with partial/total decreasing of independence. For these groups was created a differentiated therapeutic environment - non-barrier environment in nursing homes, organization of free time, ergotherapy, using of computer devices, methods of moral support, education of patients, communication support,

## NATIONAL MEMBER SOCIETIES

memory schools, etc. The rights of elders such as autonomy, dignity, and a high level quality of life in nursing homes increased due to low intrinsic capacity due to the creation of convenient surrounding environment which supports individually possible level of functional ability.



At photo: Exhibition with elements of the therapeutic environment in nursing homes in the Vitebsk region during the meeting

### BRITISH GERIATRICS SOCIETY

**Specialty Certificate Examination in Geriatric Medicine (SCE).** Universally recognised credentials are more important than ever in today's global healthcare market. The right qualifications can cross international boundaries and create new opportunities for aspiring specialist physicians. Launched in 2009, the Specialty Certificate Examination in Geriatric Medicine (SCE) is provided by the British Geriatrics Society and the Federation of Royal Colleges of Physicians of the United Kingdom. In the UK, it is considered the 'gold standard' postgraduate qualification for physicians looking to progress in their specialty. It provides the opportunity to measure your knowledge against an internationally recognised yardstick, which represents the breadth and depth of knowledge required of a newly qualified geriatrician. The specialist physician will find this distinguished qualification valuable when applying for new roles, either at home or abroad. <https://www.mrcpuk.org/sites/default/files/documents/MRCPUK-international-brochure-web-final.pdf>

**The Diploma in Geriatric Medicine (DGM)** offers doctors the opportunity to review and consider all aspects of the care of older people. The diploma, provided by the Royal College of Physicians and the British Geriatric Society, recognises competencies required in the provision of care of older people. The DGM is not primarily directed towards career geriatricians, but is a qualification suitable for doctors pursuing a career as a family doctor, old age psychiatry, staff physicians and other doctors with interests in or responsibilities in the area of geriatric medicine. <https://www.rcplondon.ac.uk/diploma-geriatric-medicine>

**British Geriatrics Society's medical research journal Age & Ageing** has published a 'virtual' issue in 2015 focusing specifically on frailty. The issue can be downloaded here. This virtual issue gathers together selected publications from the journal, covering conceptual descriptions of frailty, reporting its epidemiology, contrasting different options for clinical assessment, and identifying interventions which might improve outcomes.

**"Fit for Frailty Part 1"**, is targeted at a range of health practitioners. It focuses on recognising the condition of frailty, and understanding the strategies available for managing it, within community and outpatient settings. This was published in June 2014.

**"Fit for Frailty Part 2"** was published in February 2015. Unlike Fit for Frailty part 1, part 2 is targeted at people who plan or commission services. It calls on commissioners to prioritise preventative support for older patients, detailed assessments of the needs of older patients with frailty, and closer integration between different services. It provides detailed guidance on how the commissioning and management of services for people living with frailty in community settings can (and does) work in practice.



## NATIONAL MEMBER SOCIETIES

### CANADIAN GERIATRICS SOCIETY

The 36th Annual Scientific Meeting of the Canadian Geriatrics Society will be held in Vancouver, British Columbia, Canada from April 14th to 16th, 2016.



We have a wide range of international speakers focusing on different topics such as exercise in older adults, palliative care, and dementia management. Our website is <https://thecanadiangeriatricsociety.wildapricot.org/ASM-2016>.

### CANADIAN ASSOCIATION ON GERONTOLOGY

**CAG2016: INNOVATION IN RESEARCH ON AGING.** The Canadian Association on Gerontology will hold its 45th Annual Scientific and Educational Meeting from October 20-22, 2016, in Montreal, Quebec, Canada. **Call for Abstracts in January 2016!**

Save the dates! Call for Abstracts in January 2016!

CAG2016: Innovation in Research on Aging  
45th Annual Scientific and Educational Meeting  
Canadian Association on Gerontology  
October 20-22, 2016 | Montreal, Quebec, Canada  
<http://CAG2016.ca>

### FINNISH SOCIETY OF GERONTOLOGY AND THE NORDIC GERONTOLOGICAL FEDERATION

The 23rd Nordic Congress of Gerontology (23 NKG) takes place on 19–22 June 2016, in Tampere, Finland. The Finnish Society of Gerontology and the Nordic Gerontological Federation (Nordisk Gerontologisk Förening) invites gerontologists and geriatricians to share with your colleagues the most recent findings, ideas and innovations about ageing. Ageing societies urgently need scientific knowledge to enable longer lives to reach their full potential. Better ageing means a better society for all. The theme of the congress is therefore ‘Good Ageing – Better Society.’

### INDIAN ACADEMY OF GERIATRICS 2014-15

The Annual Conference of the Indian Academy of Geriatrics and pre-conference CME was held at Government Medical College and Hospital, Sector 32, Chandigarh, India from 30th October to 1st November 2015. The theme of the CME was “Capacity Building for Geriatric Care” which was attended by over 150 general practitioners, medical, nursing and physiotherapy students. The speakers included faculty from the regional medical colleges as well as senior members of the IAG. The topics included: Geriatric syndromes, Comprehensive Geriatric Assessment, Communication skills, Preventive geriatrics, Principles of prescribing for the elderly. An interesting session on Clinical Geriatrics “How I Manage.” dealt with a case based approach to breathlessness, confusion, insomnia, constipation, anorexia and stroke. The faculty for this session included some young members involved in geriatric programmes. Workshops on nursing care, physiotherapy and WHO toolkit for Comprehensive Geriatric Assessment were also conducted.

The theme of the conference was “Developing a Consensus on Delivery of Geriatric Care”. It was well attended by clinicians, faculty as well as nurses and physiotherapists. Specialists from India, New Zealand, Sri Lanka conducted symposia on Frailty, Musculoskeletal disorders, Delivery of Geriatric Care, Clinical Geriatrics, Pre-surgical assessment, Psychiatric perspectives, Alternative medicine and spirituality in geriatric care. There were four Orations: Fracture

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Liasion Clinic by Dr. Sunita Paul ( New Zealand), Sepsis in elderly (Dr.YS Raju, NIMS, Hyderabad), Achievers in Old age: Never too old to succeed and inspire (Prof. Atul Sachdev, Director-Principal, Government Medical College, Chandigarh), and Global Health Systems for care of the elderly (Prof. AB Dey , Head, Geriatrics, AIIMS, New Delhi). Dr. Benjamin Capistrant (University of Minnesota, USA) delivered a guest lecture on health of caregivers of the elderly.

Other highlights of the Conference included a Clinico-Pathologic Conference conducted by faculty of the prestigious Post-Graduate Institute of Medical Education and Research, Chandigarh and a Geriatric Quiz.

In order to increase inter-generational bonding, school children of Chandigarh participated in a theme based painting competition

### ISRAEL GERONTOLOGICAL SOCIETY

The Israel Gerontological Society was established in 1956 in response to the unprecedented growth of the elderly population in Israel. In the years following its establishment, the Israel's population of elderly continued to grow, from 4% in the 50's to a current 10% of the total population.

Israel's unique characteristics as a nation present a multitude of challenges with regard to its aging population, both in the context of general population demographics as well as to the aging population itself.

The Israel Gerontological Association endeavors to mobilize science, research and policy in order to advance its primary goal of assuring quality of life for the elderly in Israel.

#### **Objectives of the Gerontological Association:**

- To advance basic, applied and strategic research in biology, psychology, medicine, economics and the social sciences.
- To constitute a driving force in formulating theoretical and practical recommendations for elected officials and policy makers in Israel.
- To disseminate information and data, in order to increase awareness with regard to the challenges and opportunities deriving from Israel's aging population.

#### **Organizational Structure:**

The Israel Gerontological Association is a voluntary organization which functions as an umbrella framework for research and academic institutions, service providers and organizations that deal with subjects related to aging in Israel. The Association is comprised of five professional sections:

- applied gerontology
- social and behavioral sciences
- medicine and health
- biology
- students

The 600 registered members of the Association include the majority of the professional gerontological community in Israel. Approximately 1000 professionals attend the Association's bi-annual conference, and thousands of professionals attend the Association's broad array of lectures and seminars.

#### **Activities:**

- Publishing quarterly peer-reviewed scientific journal "Gerontology & Geriatrics"
- Lobbying and enlisting political and public support with regard to current policy issues (National Program for Aging, Old-Age Pension, employment, etc.), including meetings with policy makers and publishing position papers
- Large scale biannual conference (since 1976)
- Annual symposium, held on International Aging Day, supported by the Berta and Emilio Mutliss Fund
- Partner in initiating and organizing interdisciplinary research seminars and symposiums with academic institutions in Israel and abroad
- Holding periodic professional forums for directors of institutions that provide services for the elderly
- Institutionalizing the profession of Gerontologist in Israel

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- Awarding the Prize for Gerontological Research in Israel, the objective of which is to encourage young researchers.
- Presenting awards of recognition and “life awards” to individuals and organizations which recognize their unique contribution to the advance of gerontology in Israel.

### **Upcoming events:**

1-2/2/2016: 21st Biannual Conference of the Israel Gerontological Society: “Old Age: The Future of the Future”  
 March, 2016: “Who will Care for Us and for Our Parents?”

### **SAN MARINO ASSOCIATION OF GERONTOLOGY AND GERIATRICS**

The San Marino Association of Gerontology and Geriatrics (ASGG) is proud to announce the joint Master in Geriatric Medicine for Physicians by the University of San Marino and University of Ferrara, Italy. The fourth annual edition begins in December 2015. Forty-eight physicians from San Marino and many Italian regions attended positively and got the prestigious, formative and useful Diploma. Among the teaching professors we would like to cite: Giovanni Zuliani, Domenico Cucinotta, Astrid Stuckelberger

### **SOUTH AFRICAN GERIATRICS SOCIETY**

The South African Geriatrics Society will be holding the annual Diploma in Geriatrics course in Cape Town on the weekend of 26-28 August 2016.

This is directed at general family physicians, especially those doing the diploma course in Geriatric medicine. This course is run by the College of Medicine of South Africa. Any doctor can attend, even if not doing the course and they can contact me on this email if more information is required

### **TURKISH GERIATRICS SOCIETY**

**A Second Course on “Researches in Geriatrics and Gerontology” was organized by the Executive Board of the Turkish Geriatrics Society and the Editorial Board of the Turkish Journal of Geriatrics on 27-28th November, 2015, in Ankara.**



Trainers

who are experienced in research methodology, evidence based medicine, scientific writing, epidemiology, ethical issues and statistics were: Prof. Dilek ASLAN, Assoc. Prof. Tolga Resat AYDOS, Assist. Prof. Munir Demir BAJIN, Prof. Banu CAKIR, Prof. Yesim GOKCE KUTSAL and Instructor Meltem SENGELEN.

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Conference subjects were: researches on the elderly, informed consent issues, evidence based medicine, research planning, research methodologies, classification of research types, major research errors, epidemiological studies, observational studies, descriptive studies, cross-sectional studies, cohort studies, experimental studies, validation studies on aging, case reports, how to prepare an ethics committee application file, how to write an article, how to publish an article, how to read an article, how to prepare the references and the milestones of the entire publication process.

During the practical sessions participants interactively learned epidemiological problem solving and calculations, reference regulation in scientific publications and practical applications to prepare data sets.

### UKRANIAN GERONTOLOGY AND GERIATRICS SOCIETY

Ukrainian Gerontology and Geriatrics Society made announcement: The 6th National Congress of Gerontology and Geriatrics of Ukraine to be held in October 19-21, 2016

Programming will include plenary sessions, symposia, section sessions and poster sessions.

Main Topics are:

- Medico-demographic and socio-economic problems of population aging;
- Position of an aging man in family and society, social protection;
- Labor, nutrition, daily living, lifestyle and health;
- Medical, occupational and social rehabilitation;
- Medico-social services for older population;
- Motor activity and aging;
- Molecular-genetic mechanisms of aging;
- Mechanisms of cellular aging;
- Neurohumoral mechanisms of aging;
- Stress and age, reaction to stress exposure, the ways of increasing person's resistance to stress in old age;
- Age-related changes of the physiological systems in aging (cardiovascular, respiratory, nervous, endocrine, hemostasis, blood, locomotor apparatus, urinary, etc.);
- Mechanisms of development of age-related pathology;
- Accelerated aging, the markers of aging, biological and functional ages;
- Prophylaxis of the accelerated aging, development and study on the effectiveness of geroprotectors;
- Immunity and immuno-pathology in old age;
- Neuro-psychological aspects of aging;
- Neurogeriatrics;
- Dementia and neurodegenerative diseases of the CNS (Parkinson disease, Alzheimer disease);
- Mild cognitive impairment syndrome and depression in elderly;
- Cognitive functions and personality features;
- Diagnostics, prophylaxis and treatment in geriatrics;
- Age-related peculiarities of cardio- and cerebrovascular pathology (epidemiology, risk factors, mechanisms of development, peculiarities of diagnostics, ways of prevention and treatment): atherosclerosis, arterial hypertension, ischemic heart and brain disease; stroke; cardiac rhythm disturbances, and circulatory insufficiency;

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- Respiratory, gastrointestinal, liver and bile-releasing system diseases: epidemiology, pathogenesis, clinic, diagnostics, preventions and treatments;
- Microcirculation and rheological properties of the blood in norm and pathology;
- Venous system diseases;
- Atherothromboses, thromboses and thromboemboly;
- Kidney pathology;
- Aging and hemopoetic system diseases;
- Osteoporosis and aging;
- Bone and joint diseases and age;
- Surgery and urology in geriatrics;
- Problems of geriatric stomatology;
- Ophthalmology and otolaryngology in geriatrics;
- Aging and endocrine pathology;
- Menopause and female aging;
- Andropause and men aging;
- Oncology problems in geriatrics;
- Geriatric pharmacology;
- Non-medication methods of influencing on aging organism.

Public sectors. Special focus is emphasized for unmarried male prospective retirees with low income since they were found to have higher chances of experiencing a lower quality of life in retirement than other categories of retirees.

The Scientific Committee welcomes the submission of abstracts of original contributors and deadline for submission is set on June 1, 2016.

## UPCOMING EVENTS

Month/Date/Year	Event	Venue
June 19-22, 2016	23rd Nordic Congress of Gerontology OB: Finnish Gerontological Society Website: <a href="http://23nkg.fi/index.html">http://23nkg.fi/index.html</a>	Tampere, Finland
June 21, 2016	IAGG Executive Committee Meeting	Shanghai, China
June 21-23, 2016	International Federation on Ageing 13th Global conference, Disasters in an Ageing World: REsilience and Recovery Website: <a href="http://ifa2016.org.au/">http://ifa2016.org.au/</a>	Brisbane, Australia
June 30-July 2, 2016	Congress of Cardiovascular PRevention in Pre-Elderly and Elderly Individuals (CPPEI) Website: <a href="http://cardioelderly.org">http://cardioelderly.org</a>	Bratislava, Slovakia
July 23-27, 2017	21st IAGG World Congress OB: Gerontological Society of America (GSA) Website: <a href="http://www.iagg2017.org">http://www.iagg2017.org</a>	San Francisco, USA
2021	22nd IAGG World Congress OB: Argentine Society of Gerontology and Geriatrics (SAGG)	Buenos Aires, Argentina

### IAGG WORLD CONGRESS

#### 21st WORLD CONGRESS, SAN FRANCISCO, USA, JULY 23-27, 2017

The Gerontological Society of America (GSA) will be hosting IAGG's 21st World Congress in San Francisco, USA. In view of GSA's long experience in organizing major events and of the city's important conference facilities, IAGG 2017 will be sure not to disappoint. The theme of this future milestone will be "Global Ageing and Health: Bridging Science, Policy, and Practice." In the meantime visit the congress website launched in June 2013.



#### Key dates

Spring 2016 : Call for abstracts available

Winter 2016 : Notification of abstract decision

Registration and accommodations open

Call of late breaking abstracts

Contact: [info@iagg2017.org](mailto:info@iagg2017.org)

Website: <http://www.iagg2017.org>

#### 22ND WORLD CONGRESS, BUENOS AIRES, ARGENTINA, 2021



IAGG 2021  
Buenos Aires, Argentina

The Argentine Society of Gerontology and Geriatrics (SAGG) and the Argentine Society of Gerontology, both Member Societies of IAGG, united together to present their candidacy in view of hosting the 22nd IAGG Congress of Gerontology and Geriatrics scheduled for 2021.

## OTHERS

### THE XXVTH INTERNATIONAL DAY OF OLDER PERSONS – IN INDONESIA

Since the United Nations issued its RESOLUTION dated December 14th, 1990 numbered 45/106 - then the 1st of October was declared as the International Day of Older Persons, and for the first time celebrated on October 1st, 1991.

Since then, every year a special theme is selected, and the one for this year is: "Sustainability and Age Inclusiveness in the Urban Environment". This year, Indonesia has begun to notice the Older persons aged over one hundred years called as CENTENARIANS who live in Jakarta and often are already 'bed-ridden'. This is because The Jakarta Municipal-Population Office has issued official data that states there are 95 Centenarians found, consisting of 56 women and 39 men.

Well, this is interesting because around the world, there are five times more Centenarian women than men. Their age is also much higher than the age of the oldest resident of Jakarta which is currently recorded at 114 years! Also the proportion of the centenarians is very different from the composition of the city population as a whole, for example:

From the RELIGION point of view: followers of Islam turned out to be 55 people, Buddhism 24, Protestant 11 and Catholic 5; while the percentage of Muslim population is more than 90%.

From the TRIBE point of view: Betawi 31 people (of which 16 women), Java / outside Jakarta 24 people, Chinese 15 (of which 11 women).

Presumably it is very interesting in the terms of demographics!

In the ceremony which was inaugurated by Ms. Cornelia Petrabella from UNIC / UN, a special song was sung by a CHOIR from 'Antonius-Adi-Yuswa' Group: "To Live in Harmony". The lyrics were written by Dr. Susilo Wibowo, the late and former Chairman of Indonesian Society of Gerontology. The music was arranged by Mr. Thio Keng Bouw, a famous musician from HongKong. Mr. Thio's father is a healthy Centenarian, someone who can be presented at this event!

A book called "Quality Ageing" written by AB Susanto is also launched at the event.

For your information, PERGERI (Indonesian Society of Gerontology) was found in 1984. It is the very first organization in our country which pays attention to the Older Persons' welfare in Indonesia. This has led to the establishment of "Forum Komunikasi Lanjut Usia DKI " (Communication Forum of Older Persons Jakarta), Lembaga Lanjut Usia Indonesia (Institute of Indonesian Older Persons) and even the KOMNAS LANJUT USIA (Indonesian Committee of Older persons) - a National Joint Committee between the Government and NGO's.

Indonesian Society of Gerontology became a member of The International Association of Gerontology and Geriatrics which acts as 'thinkers' of the United Nations in the matters of Older Persons in the world; which we called as UN's Advisory Board; which also declared MADRID DECLARATION in 2002 <Madrid International Plan of Action on Ageing>.

PERGERI has organized the 1st NATIONAL CONGRESS OF OLDER PERSONS that spawned the Resurrection Day of Indonesian Older Persons on May 20th, 2001; and the establishment of the National Centre for Ageing Studies, in collaboration with Trisakti Foundation/ University.

## YEAR-END THANKYOU MESSAGE FROM PROF. HEUNG BONG CHA & PROF. SUNG JAE CHOI

"The year 2015 was filled with many memorable events and IAGG would like to thank each and every one of you who has shown your heartfelt support for promoting the mission of IAGG. IAGG will continue to endeavor to support research and training of gerontology and geriatrics around the world. We wish you all a Merry Christmas and a Happy New Year in 2016!"

### IAGG ADMINISTRATION

#### 👉 IAGG ANNUAL DUES ARE DUE NOW!

Invoices for 2015 Annual Dues have been sent to member associations and societies. Please send your dues to the Korea Exchange Bank as indicated below. Any questions about dues or payments should be sent by e-mail: [iaggseoul@hotmail.com](mailto:iaggseoul@hotmail.com)

#### 👉 INFORMATION FOR WIRE TRANSFER OF MEMBERSHIP DUES TO IAGG BANK ACCOUNT:

Bank name: Korea Exchange Bank  
Bank address: 181, 2-ka, Eulji-Ro, Chung-Ku, Seoul, Korea  
Bank account #: 650-009094-236  
SWIFT Code: KOEXKRSE  
Beneficiary: IAGG

#### 👉 IAGG Headquarters

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#### 👉 IAGG FACEBOOK & TWITTER

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